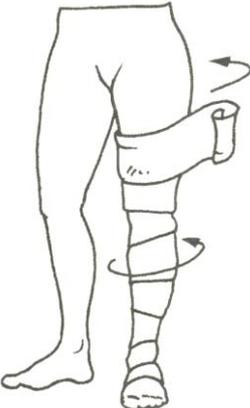


Cold Therapy - Glace Bandage Method

1 time a week (6-8 Treatments)

THERAPY

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| Preparation | Cover the beauty chair with a plastic sheet. |
| <p>Exfoliation Thalasso Sea Salt H0200721 Heitland Cleansing Oil H0501040 or Thalasso Peeling H0207086</p> | <p>Mix 2 spoons of Thalasso Sea Salt with some Heitland Cleansing Oil and some water and mix until it becomes a milky mixture Using your hands spread the mixture over the area to be treated (first the back side) and massage the are, dipping your hands in water at regular intervals.</p> <p><i>Instead of using the above salt scrub, one can use one of the ready peelings such as Thalasso Peeling.</i></p> <p>Wash off with wet towels.</p> |
| <p>Τοποθέτηση Επιδέσμων</p> <p>ATTENTION: Do not use the therapy with highly visible varicose veins, tendency toward thrombosis, very low or high blood pressure , phlebitis, or metabolic disorders. Not to be used during infections with raised temperature, immediately after operations, during pregnancy</p>  |  <p>Start wrapping the right leg from the metatarsals upwards (note: the legs must always be slightly bent). Carry on wrapping with the bandage held taut until approximately 3 cm below the groin. Then wrap the left foot in exactly the same way.</p> <p>Allow it to work for about 20-30 minutes.</p> <p>Remove the bandages and pat the legs dry. Do not wash or shower off. The cryo-therapeutic effect of the ice wrap stays for about 2 hours, and the overall effect about 8 hours.</p> |
| <p>Thalasso Oil & Icy Gel Icy Gel - H028811</p> | <p>Spray the excellent Thalasso Oil all over the body. Finally apply a very thin coating of Gel Glace to the treated area and massage until the two products are absorbed.</p> <p>Recommend the Gel Glace to your client for home use.</p> |
| Total Therapy Time | About 45 minutes |