

## Lifting & Tightening Of the Bust Area

2 times a week (10 Treatments)

### Therapy Procedure

<b>Cleansing</b>  Cleansing Oil - H0501040	With <b>Heitland Cleansing Oil</b>
<b>Thermo Mask</b>  Thermo Packung - H0200134 Actif Gel - H0208882	Place the <b>Thermo Packung</b> in the area to be treated and leave on for <u>only 3 minutes</u> . Remove the mask and cover with a towel  <div style="border: 1px solid black; padding: 5px; text-align: center;"><b>Important:</b> avoid the area under the arms and around the nipple.</div> <b>For Sensitive Skin:</b> Use the <b>Actif Gel</b> in place of the Thermo Packung  During the therapy treatment it is natural for the skin to turn red where we place the Thermo Packung
<b>Multipulle Collastin Serum</b>	Place on the treatment area 2-3 ml Collastin Serum with a light massage action.
<b>Bust Cream</b>  Bust Cream - H020145	Follow with with the <b>Bust Cream</b> (H0200145) και massage for 20 minutes on the pressure points.
<b>Bandages</b> <b>Hot/Cold Bandages</b>  Hot/Cold Bandages - H0208809	Wrap the are with warm <b>Hot/Cold Bandages</b> and cover with a dry towel for about 20 minutes.
<b>Total Therapy Time</b>	About 50 minutes
<b>Therapy For The Home</b>  Bust Cream - H0100145  Phyto Collastin 30 ml- H0100155	The client must use the <b>Collastin Ampoules</b> at home followed by the <b>Bust Cream 50 ml</b> for a period of 10 days.  <b>ALTERNATIVE:</b> The client can also use the <b>Phyto Collastin Solution 30 ml</b> (H0100155)